



HUMBER

School of Social &
Community Services

***The Humber Institute of Technology & Advanced Learning
Behaviour Science
and
Developmental Services Worker Programs
are proud to present:***

***Utilizing Cognitive Behavioural Therapy (CBT) in Working
with People who have Intellectual Disabilities***

Wednesday, November 4th, 2009

9:00 a.m.-4:00 p.m.

at

The Assembly Hall

Presenter: Laura Loli-Dano, BSW (Hons.), MSc (Couns.), RSW, CCC

(see location map attached)

During this interactive workshop, the presenter will provide an overview of workshop objectives and discuss working agreements. She will discuss CBT within the context of working with people who have intellectual disabilities (i.e., key concepts, conducting assessments, and planning interventions). After some group work, there will be a review of CBT techniques, followed by some small-group application of CBT techniques with people who have intellectual disabilities. Further to this, there will be an evaluation of interventions within the context of an integrative approach. The workshop will conclude with closing remarks and a workshop evaluation.

WORKSHOP AGENDA

***Check-in at the Foyer/Coffee and Muffins in the Lobby
8:30 a.m.***

1. Getting Started
9:00 a.m.-9:30 a.m.:
 - a) Introductions
& Brief Review of the Behaviour Science Program
 - b) Review of workshop objectives
 - c) Working agreements

2. CBT Conceptualization within the Context of Working with People who have Intellectual Disabilities
9:30 a.m.-11:00 a.m.:
 - a) Key concepts
 - b) Conducting assessment
 - c) Planning intervention

Break

11:00 a.m. -11:15 a.m.

group work

11:15 a.m.-12:15 p.m.

Lunch Break

12:15 p.m.-1:15 p.m.

3. Review of CBT Techniques
1:15 p.m.-2:00 p.m.

4. Application of the CBT Techniques with People who have Intellectual Disabilities (i.e., with depression or anxiety) – small-group work
2:15 p.m.-3:00 p.m.

Break

3:00 p.m.-3:15 p.m.

5. Evaluation of Interventions within the Context of an Integrative Approach
3:15 p.m.-3:50 p.m.

6. Closing Remarks and Workshop Evaluation
3:50 p.m.-4:00 p.m.

**For more information, please contact Cheryl Evans
by e-mail at Cheryl.Evans@humber.ca
or by telephone at 416.675.6622, ext. 3484**

Please fax Registration Form to Cheryl Evans at 416.251.1393



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PRESENTER

Laura Loli-Dano graduated with an undergraduate degree in BSW (Hons.), MSc (Couns.), RSW, and CCC. Since then, Laura has gained clinical experience working both directly and indirectly with individuals with autism and developmental disabilities, in addition to individuals with acquired brain injuries, utilizing a comprehensive behavioural approach to reduce the frequency of inappropriate behaviour while simultaneously teaching new skills to promote functional adaptation within a day program and/or community setting, respectively. As well, Laura has worked as a rehabilitation consultant/behaviour therapist in the private sector, with a variety of populations.

Laura has been active in research and educational activities in the fields of autism and developmental disabilities, as well as in the field of acquired brain injury. She has presented at several professional workshops and conferences during her career.



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Developmental Services Worker Program***

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Registration Form

Name of Participant: _____

Organization: _____

Address: _____
Street Town/City Postal Code

Phone: _____ **Fax:** _____

E-mail*: _____
(*REQUIRED TO PROCESS REGISTRATION)

Payment information:

\$80 per registrant / \$200 for three registrants from the same agency

Cheque* on the way () Money order* on the way ()

***payable to Humber College and sent to the attention of Cheryl Evans,
Promotion, Events & Communications Officer, Lakeshore Campus,
3199 Lake Shore Blvd. W., Toronto, ON M8V 1K8**

I would appreciate being notified of any future workshops of this nature:

Yes () No ()

Please fax completed Registration Form to:

Cheryl Evans at 416.251.1393

For more information, please contact:

Cheryl Evans

Promotion, Events & Communications Officer

416.675.6622, ext. 3484

Cheryl.Evans@humber.ca

John Kosmopoulos

Behaviour Science Program

416.675.6622, ext. 3481

John.Kosmopoulos@humber.ca

ah!



The

Assembly Hall

1 Colonel Samuel Smith Park Drive,
(at Kipling Ave. & Lake Shore Blvd. W.)
Toronto, ON
M8V 4B6
416.338.7255

Email: assembly@toronto.ca

Web: www.assemblyhall.ca

Public Transit:

The Assembly Hall can be reached either by the 501 Long Branch streetcar, which runs along Lake Shore Blvd. W., or by the 44 Kipling South bus, from Kipling Station.

By Car:

We are located only a five-minute drive from the Gardiner Expressway. Take the Kipling exit south to Lake Shore Boulevard West.

Parking:

There will be FREE parking in the South Lot (on 23rd St., just south of Lake Shore Blvd.) at Humber's Lakeshore Campus. The Assembly Hall (which is just a little further east on the south side of Lake Shore Blvd.) is about a five-minute walk from the parking lot. **IMPORTANT: Upon arrival, please mention the purpose of your visit (i.e., Behaviour Science Workshop) to the parking attendant at the gate. Also, please be sure to place the parking pass (found on the following page) on your dash before exiting your vehicle.**



PARKING PASS

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